



Chamkun Health Centre

Hours: Mon-Friday 8:30am-4:30pm



OUR HEALTH STAFF

- Health Director Krista Mears
- Health Portfolio Holder Willard Young
- Medical Transportation Clerk/Receptionist Verna Tataquason
- Community Health Nurse Lana Zulak
- Nurse Practitioner Dianna Huechert (Tues & Thurs)
- Mental Health Therapist Jodie Payant
- Home Care Nurse Livia Dahlin
- Home Care Nurse Maureen Esperance-Kinequon
- Health Home Aide Patsy Nanaquetung
- Health Home Aide Luanne Nanaquewetung
- Meals on Wheels Cook Lauren Desjarlais
- NNADAP (Nat. Native Alcohol & Drug Abuse Program) George Kayseas
- CHR (Community Health Representative) Petrina Nanaquwetung
- Brighter Futures Coordinator Elizabeth Desjarlais
- COHI (Children's Oral Health) Dental Therapist Myrna Ruthven
- COHI Aide (Children's Oral Health) Lauren Desjarlais
- Janitorial Francis Kayseas

Upcoming Services that will provided:

- Medical Transportation Van Driver *Vacant* (Feb/16)
- Community Dietician Lacy Eggerman (Feb/16)
- Family Physician Dr. Rahoum (March/16)
- Dental Therapist Veronica Hermiston (March/16)

CONTACT US

Chamkun Health Centre
Fishing Lake First Nation
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EMERGENCY & CRISIS SUPPORT NUMBERS

Emergency	911
Wadena RCMP	(306) 338-6500
Wadena Hospital	(306) 338-2515
Wadena Medical Clinic	(306) 338-2597
Touchwood CFS (Fishing Lake)	(306) 338-2580
Kids Help Line	1 (800) 668-6868
Poison Control	1 (866) 454-1212
Health Line	1 (877) 800-0002
Indian Residential School Survivor Support Line	1 (866) 925-4419
First Nation Non-Insured Health Benefits Medical Trans.	1 (866) 885-3933
Suicide Prevention Lifeline	1 (800) 273-8255
Saskatchewan Problem Gambling Help Line	1 (800) 306-6789
Yorkton Women in Need - Domestic Violence Crisis Line	1(888) 783-3111
Saskatoon Interval House - Women's Abuse Crisis Line	1 (888) 338-0880
Abuse/Sexual Assault Support Line	1 (800) 214-7083

Medical Transportation Clerk/ Receptionist

- Clerical and office duties which includes answering telephone, faxing, etc.
- Booking appointments with our Nurse Practitioner
- Making arrangements for specialist appointments
- Making arrangements for accommodations for clients attending appointments (48 hours prior approval)
- Makes arrangements for private mileage to appointments

Community Health Nurse

- Promotion of healthy living
- Prevention of disease and health problems
- Education to our community members through clinics, schools and home visits
- Immunizations
- Baby and child clinics
- Prenatal classes

Nurse Practitioner

- Diagnose and treat common medical illnesses and chronic medical conditions
- Order laboratory tests, x-rays and ultrasounds
- Perform common procedures such as removal of moles, excision and drainage of abscesses and suturing of simple wounds (cuts)
- Prescribe medications
- Works with the community to improve the health of its population

Mental Health Therapist

- Offers support to all ages
- Counselling
- Advocacy
- Mediation
- Child/Parent Conflict Issues

- Grief and loss support
- Stress Management
- Relationship Issues
- Assessments and Referrals

Home Care Nurse

- Works in community to provide care services that respect traditional, holistic and contemporary approaches to healing and wellness in their home
- Assist people who have chronic and acute illnesses
- Assessments, Referrals
- Personal Care such as bathing and foot care and home support

Home Health Aides

- Works in the community to provide services and in-home support such as meal preparation, in-home cleaning services, etc.
- Laundry services, bathing and personal hygiene support

Meals on Wheels

- Offer healthy and nutritious lunches to those with chronic and acute illnesses
- Meals are delivered Monday to Friday

NNADAP Worker (National Native Alcohol and Drug Abuse Program)

- Prevention programming
- Addictions counselling for Alcohol, Drugs, Gambling, Solvent abuse
- Assessments and Referrals
- Bullying and Suicide Prevention
- Abuse and Domestic Violence Counselling
- Home visits

CHR (Community Health Representative)

- Prenatal programming for new and expectant mothers
- Prevention and Health programming
- Home visits
- Organize community health promotion and disease prevention events

Brighter Futures Coordinator

- Development and delivery of activities and programming in the areas of Mental Health, Parenting Skills, Child Development, Healthy Babies and Injury Prevention
- Provides ongoing training to community members and annual certification
- Supports milk and healthy snack program to our youth in school

COHI & COHI Aide (Children's Oral Health Initiative)

- Target group: ages 0-7 years
- Dental check-up (oral health screening)
- Fluoride applications
- Education and information regarding oral hygiene
- Sealants to prevent cavities

Upcoming services:

Medical Transportation Van

- This will help accommodate our Dialysis Patients to Treatment and our community members to their appointments

Community Dietitian

- develop client centered care plans related to diabetes
- monitor clients regularly, participate in chart reviews and case management
- Facilitate programming to promote healthy lifestyles through promotion, cooking classes, etc

Family Physician

- Prescribe or administer treatment, therapy, medication, and other specialized medical care to treat or prevent illness, disease or injury
- Order, perform and interpret tests and analyze records, reports and examination info to diagnose patient's condition
- Refer patients to medical specialists or other practitioners when necessary

Dental Therapist

- Intra and extra oral assessment
- Record indices and monitor disease
- Apply materials to teeth such as fluoride and fissure sealants
- Treatments and extractions